



Cruising in Company

Along the East Coast of Australia

Chris Marion

The Preparation

- Where are you going, who with, what boats, skills in the group...
- Go for a night on Sydney Harb. - Bantry Bay a great start
- Is your boat ready
 - engine serviced, rig check, sails ready, water & fuel

Safety equipment

- EPIRB (registered), PFD/ethers/jack stays, first aid (Cat 4), VF Radio (do radio check), charts, Nav lights checked, winches serviced
- Where is all the gear – stowage locations chart
- Weather – cruising boatingies don't go to windward - BOM/ Met Eye
- Day sailing distances – speed v time, wind angle
- Provisions required for the number of people, locations, availability to stock up.....
- Gas bottle checked, stove check, fridge working, batteries charging
- Is your insurance paid and appropriate for the trip

Speed distance table

	3.0	3.5	4.0	4.5	5.0	5.5	6.0	6.5	7.0	7.5	8.0	8.5	9.0	9.5	10.0	10.5	11.0	11.5	12.0	12.5	13.0	13.5	14.0	14.5	15.0	15.5	16.0	16.5	17.0	17.5	18.0	18.5	19.0	19.5	20.0	20.5	21.0	21.5	22.0	22.5	23.0	23.5	24.0	24.5	25.0	25.5	26.0	26.5	27.0	27.5	28.0	28.5	29.0	29.5	30.0	30.5	31.0	31.5	32.0	32.5	33.0	33.5	34.0	34.5	35.0	35.5	36.0	36.5	37.0	37.5	38.0	38.5	39.0	39.5	40.0	40.5	41.0	41.5	42.0	42.5	43.0	43.5	44.0	44.5	45.0	45.5	46.0	46.5	47.0	47.5	48.0	48.5	49.0	49.5	50.0	50.5	51.0	51.5	52.0	52.5	53.0	53.5	54.0	54.5	55.0	55.5	56.0	56.5	57.0	57.5	58.0	58.5	59.0	59.5	60.0	60.5	61.0	61.5	62.0	62.5	63.0	63.5	64.0	64.5	65.0	65.5	66.0	66.5	67.0	67.5	68.0	68.5	69.0	69.5	70.0	70.5	71.0	71.5	72.0	72.5	73.0	73.5	74.0	74.5	75.0	75.5	76.0	76.5	77.0	77.5	78.0	78.5	79.0	79.5	80.0	80.5	81.0	81.5	82.0	82.5	83.0	83.5	84.0	84.5	85.0	85.5	86.0	86.5	87.0	87.5	88.0	88.5	89.0	89.5	90.0	90.5	91.0	91.5	92.0	92.5	93.0	93.5	94.0	94.5	95.0	95.5	96.0	96.5	97.0	97.5	98.0	98.5	99.0	99.5	100.0	100.5	101.0	101.5	102.0	102.5	103.0	103.5	104.0	104.5	105.0	105.5	106.0	106.5	107.0	107.5	108.0	108.5	109.0	109.5	110.0	110.5	111.0	111.5	112.0	112.5	113.0	113.5	114.0	114.5	115.0	115.5	116.0	116.5	117.0	117.5	118.0	118.5	119.0	119.5	120.0	120.5	121.0	121.5	122.0	122.5	123.0	123.5	124.0	124.5	125.0	125.5	126.0	126.5	127.0	127.5	128.0	128.5	129.0	129.5	130.0	130.5	131.0	131.5	132.0	132.5	133.0	133.5	134.0	134.5	135.0	135.5	136.0	136.5	137.0	137.5	138.0	138.5	139.0	139.5	140.0	140.5	141.0	141.5	142.0	142.5	143.0	143.5	144.0	144.5	145.0	145.5	146.0	146.5	147.0	147.5	148.0	148.5	149.0	149.5	150.0	150.5	151.0	151.5	152.0	152.5	153.0	153.5	154.0	154.5	155.0	155.5	156.0	156.5	157.0	157.5	158.0	158.5	159.0	159.5	160.0	160.5	161.0	161.5	162.0	162.5	163.0	163.5	164.0	164.5	165.0	165.5	166.0	166.5	167.0	167.5	168.0	168.5	169.0	169.5	170.0	170.5	171.0	171.5	172.0	172.5	173.0	173.5	174.0	174.5	175.0	175.5	176.0	176.5	177.0	177.5	178.0	178.5	179.0	179.5	180.0	180.5	181.0	181.5	182.0	182.5	183.0	183.5	184.0	184.5	185.0	185.5	186.0	186.5	187.0	187.5	188.0	188.5	189.0	189.5	190.0	190.5	191.0	191.5	192.0	192.5	193.0	193.5	194.0	194.5	195.0	195.5	196.0	196.5	197.0	197.5	198.0	198.5	199.0	199.5	200.0	200.5	201.0	201.5	202.0	202.5	203.0	203.5	204.0	204.5	205.0	205.5	206.0	206.5	207.0	207.5	208.0	208.5	209.0	209.5	210.0	210.5	211.0	211.5	212.0	212.5	213.0	213.5	214.0	214.5	215.0	215.5	216.0	216.5	217.0	217.5	218.0	218.5	219.0	219.5	220.0	220.5	221.0	221.5	222.0	222.5	223.0	223.5	224.0	224.5	225.0	225.5	226.0	226.5	227.0	227.5	228.0	228.5	229.0	229.5	230.0	230.5	231.0	231.5	232.0	232.5	233.0	233.5	234.0	234.5	235.0	235.5	236.0	236.5	237.0	237.5	238.0	238.5	239.0	239.5	240.0	240.5	241.0	241.5	242.0	242.5	243.0	243.5	244.0	244.5	245.0	245.5	246.0	246.5	247.0	247.5	248.0	248.5	249.0	249.5	250.0	250.5	251.0	251.5	252.0	252.5	253.0	253.5	254.0	254.5	255.0	255.5	256.0	256.5	257.0	257.5	258.0	258.5	259.0	259.5	260.0	260.5	261.0	261.5	262.0	262.5	263.0	263.5	264.0	264.5	265.0	265.5	266.0	266.5	267.0	267.5	268.0	268.5	269.0	269.5	270.0	270.5	271.0	271.5	272.0	272.5	273.0	273.5	274.0	274.5	275.0	275.5	276.0	276.5	277.0	277.5	278.0	278.5	279.0	279.5	280.0	280.5	281.0	281.5	282.0	282.5	283.0	283.5	284.0	284.5	285.0	285.5	286.0	286.5	287.0	287.5	288.0	288.5	289.0	289.5	290.0	290.5	291.0	291.5	292.0	292.5	293.0	293.5	294.0	294.5	295.0	295.5	296.0	296.5	297.0	297.5	298.0	298.5	299.0	299.5	300.0	300.5	301.0	301.5	302.0	302.5	303.0	303.5	304.0	304.5	305.0	305.5	306.0	306.5	307.0	307.5	308.0	308.5	309.0	309.5	310.0	310.5	311.0	311.5	312.0	312.5	313.0	313.5	314.0	314.5	315.0	315.5	316.0	316.5	317.0	317.5	318.0	318.5	319.0	319.5	320.0	320.5	321.0	321.5	322.0	322.5	323.0	323.5	324.0	324.5	325.0	325.5	326.0	326.5	327.0	327.5	328.0	328.5	329.0	329.5	330.0	330.5	331.0	331.5	332.0	332.5	333.0	333.5	334.0	334.5	335.0	335.5	336.0	336.5	337.0	337.5	338.0	338.5	339.0	339.5	340.0	340.5	341.0	341.5	342.0	342.5	343.0	343.5	344.0	344.5	345.0	345.5	346.0	346.5	347.0	347.5	348.0	348.5	349.0	349.5	350.0	350.5	351.0	351.5	352.0	352.5	353.0	353.5	354.0	354.5	355.0	355.5	356.0	356.5	357.0	357.5	358.0	358.5	359.0	359.5	360.0	360.5	361.0	361.5	362.0	362.5	363.0	363.5	364.0	364.5	365.0	365.5	366.0	366.5	367.0	367.5	368.0	368.5	369.0	369.5	370.0	370.5	371.0	371.5	372.0	372.5	373.0	373.5	374.0	374.5	375.0	375.5	376.0	376.5	377.0	377.5	378.0	378.5	379.0	379.5	380.0	380.5	381.0	381.5	382.0	382.5	383.0	383.5	384.0	384.5	385.0	385.5	386.0	386.5	387.0	387.5	388.0	388.5	389.0	389.5	390.0	390.5	391.0	391.5	392.0	392.5	393.0	393.5	394.0	394.5	395.0	395.5	396.0	396.5	397.0	397.5	398.0	398.5	399.0	399.5	400.0	400.5	401.0	401.5	402.0	402.5	403.0	403.5	404.0	404.5	405.0	405.5	406.0	406.5	407.0	407.5	408.0	408.5	409.0	409.5	410.0	410.5	411.0	411.5	412.0	412.5	413.0	413.5	414.0	414.5	415.0	415.5	416.0	416.5	417.0	417.5	418.0	418.5	419.0	419.5	420.0	420.5	421.0	421.5	422.0	422.5	423.0	423.5	424.0	424.5	425.0	425.5	426.0	426.5	427.0	427.5	428.0	428.5	429.0	429.5	430.0	430.5	431.0	431.5	432.0	432.5	433.0	433.5	434.0	434.5	435.0	435.5	436.0	436.5	437.0	437.5	438.0	438.5	439.0	439.5	440.0	440.5	441.0	441.5	442.0	442.5	443.0	443.5	444.0	444.5	445.0	445.5	446.0	446.5	447.0	447.5	448.0	448.5	449.0	449.5	450.0	450.5	451.0	451.5	452.0	452.5	453.0	453.5	454.0	454.5	455.0	455.5	456.0	456.5	457.0	457.5	458.0	458.5	459.0	459.5	460.0	460.5	461.0	461.5	462.0	462.5	463.0	463.5	464.0	464.5	465.0	465.5	466.0	466.5	467.0	467.5	468.0	468.5	469.0	469.5	470.0	470.5	471.0	471.5	472.0	472.5	473.0	473.5	474.0	474.5	475.0	475.5	476.0	476.5	477.0	477.5	478.0	478.5	479.0	479.5	480.0	480.5	481.0	481.5	482.0	482.5	483.0	483.5	484.0	484.5	485.0	485.5	486.0	486.5	487.0	487.5	488.0	488.5	489.0	489.5	490.0	490.5	491.0	491.5	492.0	492.5	493.0	493.5	494.0	494.5	495.0	495.5	496.0	496.5	497.0	497.5	498.0	498.5	499.0	499.5	500.0	500.5	501.0	501.5	502.0	502.5	503.0	503.5	504.0	504.5	505.0	505.5	506.0	506.5	507.0	507.5	508.0	508.5	509.0	509.5	510.0	510.5	511.0	511.5	512.0	512.5	513.0	513.5	514.0	514.5	515.0	515.5	516.0	516.5	517.0	517.5	518.0	518.5	519.0	519.5	520.0	520.5	521.0	521.5	522.0	522.5	523.0	523.5	524.0	524.5	525.0	525.5	526.0	526.5	527.0	527.5	528.0	528.5	529.0	529.5	530.0	530.5	531.0	531.5	532.0	532.5	533.0	533.5	534.0	534.5	535.0	535.5	536.0	536.5	537.0	537.5	538.0	538.5	539.0	539.5	540.0	540.5	541.0	541.5	542.0	542.5	543.0	543.5	544.0	544.5	545.0	545.5	546.0	546.5	547.0	547.5	548.0	548.5	549.

Additional items / checks / preparation.....

- Hatches always locked shut when underway, blocking devices/washboards secured to the boat
- Companionway hatch securing arrangement – operable from above & below deck
- Lifelines uncoated – if not possible rust, taut & if tension via lanyard replace annually
- Bilge pump working & handle with lanyard
- Clipping points for 2/3 crew & one as you exit from below – jackstays
- Where is your fuel tank cut off valve... do you know.....
- Emergency water, spare batteries for torches & handheld VHF/GPS etc...
- Emergency tiller, rudder loss alternate steering, auto pilot working
- Lifebuoy + light, heaving line (15m), retrieval method of crew from water
- Flares, Sat phone - method to get the weather reports.....
- Spares, tools, oil, coolant, impeller, method of cutting rig away, rig check ?
- Reefing lines in before you leave port, storm sails



CREW Briefing check list – can be good for a skipper to check himself

What are the key points to consider as your moving offshore - housekeeping onboard – do you have new people with you ?

- Do you have visitors on this cruise, what should you show people when introducing your boat?
- What are the key safety procedures you need people to be aware of & locations ?
- how to start the engine & ensuring it is safe before you do so.
- VHF radio & basic usage - distress calls, EPIRB
- Location of batteries - on / off switches
- First aid kit
- Don't leave anything out - phones, food, drinks, glasses - they may fly around boat, store bags on the floor
- secure loose items always unless on a mooring or anchored
- plenty of suncream, hats & gloves, wet weather gear
- we do want you to enjoy yourself



Things to think about – check list skipper/crew

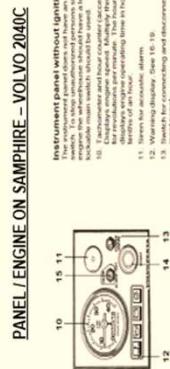
TRAINING FOR A MAN OVERBOARD

- **BOAT SAFETY**
 - - PFD & safety harness lines
 - - emergency steering
 - - drogue & how to use
 - - deployment of heaving line
 - - heavy weather sails / reefing the main
 - - install & usage of jack stays
 - - life buoy & deployment
 - - man overboard & what to do - who is in charge
 - - Spare anchor, chain etc
- **FALLING OFF**
 - - MOB button on VHF radio
 - - through life ring
 - - one person to watch MOB
 - - do crew count
 - - make boat safe
 - - are all lines clear then engine
 - - location of fire extns
 - - fire blanket
 - - gas bottle location
 - - stove gas valve
 - - engine fuel cut off
 - - engine fire extn access point
 - - location of buckets
- **FIRE**
 - - discuss the plan to recover MOB
 - - heaving line
 - - make boat safe then engine
- **DON'T FORGET TO TURN OFF THE BATTERIES**

PRACTICE

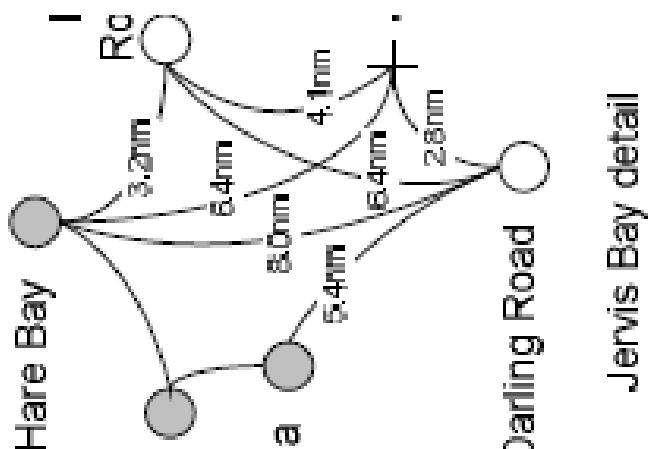
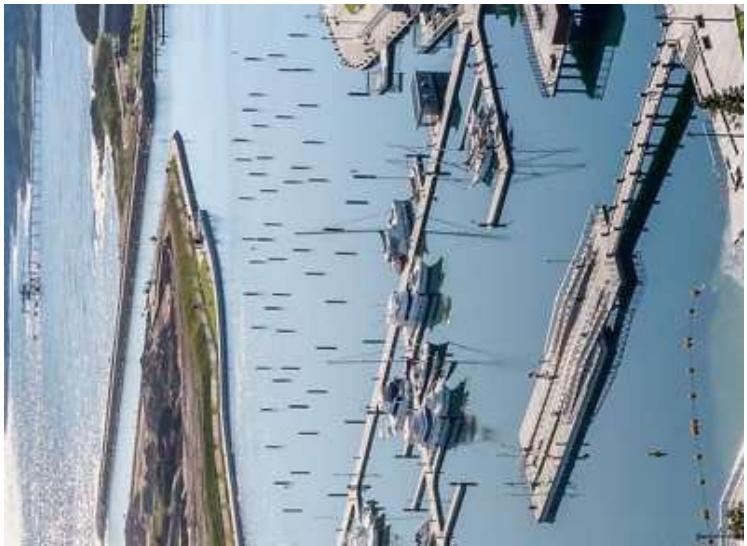
Adjust these for darkness, new crew, different sail configurations, which are specific to your boat and crew.

1. If the skipper falls overboard
2. If a crew member falls overboard
3. If someone has fallen overboard and is tethered on



SAMPHIRE - First Aid Kit - Sail No 7206 - SASC - Category 4					
8-Aug-23	Description	Quantity	Expiry	Check date	
	Paracetamol [500mg]	20	Sep-2024		
	Soluble Aspirin [Disprin]	20	Nov-2025		
	Disposable gloves	20			
	Cripe Bandage 75mm x 1.5m	2			
	Triangular Bandage	1			
	BandAids	20			
	Adhesive Tape 50mmx2.5m	1			
	Low Absorb Non Adherent dressing(Meldrim)	10			
	Betadine (15ml)	1			
	Alcohol Swabs - extra	10			
	Medi-creme tube (Lignocaine)	1			
	Normal saline (washing 25ml)	1			
	Steri Strips (2 x 3 packs)	5			
	Sunscreen 30+ SPF 250ml	1			
	Scissors - stainless steel	1			
	Safety Pins assorted size	1			
	CPR Mask	1			
	Travel Calm	10			
	Dettol - extra	1			

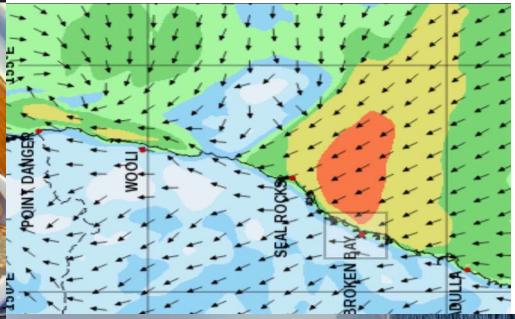
first aid book with first aid kit	New
8.5 PhD's serviced by owner Aug 2023	Aug-2026
Flares- 2 x red, 2 x orange	Jul-2026
Flares- 2 x white	Jul-2024
AIRSA 406 Beacon Registration	Current



- **TURNING NORTH**
 - Pittwater / Hawkesbury (18NM)
 - Lake Macquarie(55NM)
 - Newcastle Harbour(66NM)
 - Port Stephens(93NM) + Broughton Is (+8NM)
- **TURNING SOUTH**
 - Pt Hacking (17.7NM),
 - Shellharbour Marina(28NM),
 - Jervis Bay (84NM)

Locations near us – NAUTICAL MILES from Sydney

Enjoy the days



THE PLAN FOR 2024 - November

Those who may like to *cruise in company* from Sydney the plan being proposed is always weather dependent.

SASC Cruise in Company to Port Stephens Soldiers Point Marina (SPM) BBQ November 2024

The Plan:

- Friday 8 November—Mosman Bay to Pittwater
- Saturday 9 November—Pittwater to Newcastle—dinner and overnight at NCYC
- Sunday 10 November—Newcastle to Port Stephens
- Monday 11 November—Hospitality Package at SPM

PLEASE REMEMBER THIS IS A SOCIAL EVENT NOT ALIGNED TO ANY PARTICULAR CLUB & SKIPPERS MAY LIKE TO PREPARE THEIR BOATS TO THE A.S. CAT 4 LEVEL FOR THIS DAYTIME COASTAL OFF SHORE CRUISE

Stay in touch and drop me a line if planning to join in so we know who is cruising with us & SPREAD THE WORD

WE ALL NEED TO MAKE OUR OWN BOOKINGS WITH NCYC & SPM



SPM the BBQ



How can the experienced members help others prepare & enjoy ?

Contact details

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this presentation will be put on the SASC web site