



**ROYAL PRINCE EDWARD YACHT CLUB**  
**SAILING INSTRUCTIONS (SIs)**  
**WOMEN ON WATER**  
**Sunday, 23<sup>rd</sup> November 2025**



**The organising authority is the Royal Prince Edward Yacht Club**

**1. RULES**

- 1.1. The event is governed by the rules as defined in the Racing Rules of Sailing and the Special Regulations of Australian Sailing applicable to races of Category 7 and above.
- 1.2. Any person on board who is not a financial member of an AS recognised sailing club must apply for and receive a SailPass before racing to comply with RRS 46, AS prescription.
- 1.3. From five minutes before the boat's start time until it finishes, a woman shall helm the boat. If a male is obliged to intervene, solely to avoid a collision, the boat must fly a protest flag at the first reasonable opportunity and report details to the Race Committee for their consideration.
- 1.4. Due to the handicap start, a boat may use prohibited propulsion until 5 minutes prior to its starting time. A boat that uses prohibited propulsion after this time to arrive at the start line shall carry out a minimum 360° penalty turn, keeping clear of all other boats, after ceasing using such propulsion and before starting (Changes Rule 42.1)
- 1.5. Minimum crew in any boat shall be two persons.
- 1.6. The race will be sailed non-spinnaker. Headsails may be poled out but must be attached to the foot of the forestay and fully hanked or attached to the forestay by a luff groove device. The forestay is as defined in the WS Equipment Rules of Sailing. Coutu boats or similar craft with the forestay integrated into the headsail luff are exempt.
- 1.7. RRS 52 does not apply

**2. CHANGES TO SAILING INSTRUCTIONS**

Any changes to the sailing instructions will be posted before 1000 hours on the day of the race.

**3. COMMUNICATION WITH COMPETITORS**

- 3.1 Notices to competitors will be posted on the official noticeboard located at RPEYC. Notices may also be made available to competitors on the club's website.
- 3.2 The list of entries will be placed on the RPEYC website, [www.rpeyc.com.au/racing](http://www.rpeyc.com.au/racing), and notice board no later than two hours before the start of the race.

- 3.3 The race office contact details are:  
RPEYC email: [secretary@rpeyc.com.au](mailto:secretary@rpeyc.com.au)  
Telephone: (02) 9363 5809 – Monday to Friday  
Race Day mobile: 0460 632 878
- 3.4 The race committee intends to monitor and communicate with competitors on VHF radio channel 72.
- 3.5 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

#### **4. SCHEDULE OF THE RACE**

- 4.1 The race is a pursuit passage race scheduled for Sunday 30<sup>th</sup> November 2025
- 4.2 If abandoned, the race will not be re-sailed.

#### **5. STARTING SIGNALS AND TIMES** (Changes Rule 26)

- 5.1 1125 – An Orange banner displayed from the centre window of the club veranda for five minutes.
- 5.2 1130 - The Orange banner removed to signal (0) minutes for each boat to start at its advised time.
- 5.3 The Race Committee will allocate a start time for each boat based on the race start time of 1130.
- 5.4 A boat's start time shall not be subject to protest, dispute or request for redress. (Changes Rule 62.1)

#### **6. RACING AREA**

Racing shall be conducted on Sydney Harbour.

#### **7. COURSES**

- 7.1 Courses are described in Appendix 1.
- 7.2 Courses will be signalled by a numeral board at the western end of the centre veranda opening (Changes RRS 27).

## 8. SHORTENED COURSES

- 8.1 Shortened Courses are described in Appendix 2.
- 8.2 The course for either Division may be shortened after rounding or passing mark SM. The shortening of the course will be signalled by the display of coloured boards in the following locations: -

<b>DIVISION 1</b>	<b>ORANGE</b>	Eastern end of the centre verandah opening
<b>DIVISION 2</b>	<b>BLUE</b>	Centre of the centre verandah opening

- 8.3 In the event both Divisions are shortened the two-coloured boards will be displayed.

## 9. MARKS

Marks are described in Appendix 3. All marks shall be rounded to starboard unless indicated.

## 10. OBSTRUCTIONS

- 10.1 Cardinal marks – boats shall not sail within the areas bounded by Cardinal Marks.
- 10.2 Moorings – except for naval moorings, boats shall not sail within mooring areas.
- 10.3 Shark Island – boats shall not sail between the AS Shark Mark (SM) and the Cardinal Mark south of Shark Island or between Shark Island and the Shark Island Light (north of Shark Island).
- 10.4 Garden Island and Chowder Bay – boats shall not sail within the yellow markers in the vicinity of Garden Island or near the naval wharf in Chowder Bay.

## 11. THE START

- 11.1 The starting line is between the Flag Mast of RPEYC and the western edge of the wharf on Shark Island crossing from East to West to start.
- 11.2 On arrival to the start area, boats intending to race should manoeuvre with sails up as close as possible to the moored boats in Felix Bay to register sail numbers with the Race Committee.

## 12. THE FINISH

- 12.1 The finishing line is between the flag mast of RPEYC and the western edge of the wharf on Shark Island crossing from West to East.
- 12.2 The finish of the leading boats of each Division will be acknowledged by the waving of a flag from the club veranda.
- 12.3 A flashing orange light on the club verandah may be used draw attention to shorten course or abandonment. An announcement may be made on VHF Channel 72.

### **13. RECALL**

There will be no recall signal. Any boat over the line at their nominated start time and not returning and starting correctly will have its finishing time increased by one minute or more at the discretion of the Race Committee. The Race Committee may advise by radio if a boat is over the line at its designated start time. This changes RRS Rule 29.

### **14. TIME LIMIT**

The race time limit is 1400.

### **15. PROTESTS AND REQUESTS FOR REDRESS**

- 15.1 Protests are to be lodged, in accordance with RRS 61, at the RPEYC Race Office or by email at [secretary@rpeyc.com.au](mailto:secretary@rpeyc.com.au) by 1500 on the day of the event.
- 15.2 Protests will be heard at the RPEYC club house on the following Wednesday unless otherwise decided by the Protest Committee.

### **16. ARBITRATION**

Arbitration may take place in accordance with RRS Appendix T.

### **17. RETIREMENT**

Yachts that retire from the race shall contact the club on VHF 72 or Race Day Mobile 0460 362 878 within the race time limit. Yachts failing to do so maybe scored DNE. This changes RRS 63.1 & A5.

### **18. SKIPPERS BRIEFING**

Each boat shall have on board a person who has attended a safety briefing held by a yacht club located on Sydney Harbour for the current sailing season. Entries will not be accepted without a declaration by the person who signs or authorises the entry that a person on board has attended a safety briefing session. Online safety briefings may be accepted.

### **19. SAFETY REGULATIONS**

- 19.1 Boats shall comply with the following regarding commercial shipping:
  - (a) Boats shall not pass between the bow of any Seagoing Ship and a dedicated Ports Authority escort vessel whilst on escort duty and within 500 metres from the bow and 30 metres from the side or stern of the Seagoing Ship.
  - (b) Boats shall maintain a minimum distance of 200 metres from the bow, and 30 metres from the sides or stern of any ferry displaying the Orange Diamond.
  - (c) Boats must abide by traffic directions of NSW RMS Boating Service Officers. Any boat directed to stop or alter course by NSW RMS Boating Service Officers because

of an anticipated breach of the above rules, incident/collision or complaint shall do so immediately.

- (d) Boats reported by NSW RMS as having contravened NSW RMS regulations shall be scored DNE without a hearing. This changes RRS 63.1 & A5.
- 19.2 Boats shall report any incident involving injury or significant damage, likely to cost more than \$5,000, to the race committee at the first reasonable opportunity.

**20. PRIZES**

- 20.1 Prizes will be presented at the RPEYC after the race and BBQ.
- 20.2 The WOW trophy for the best skipper will be presented at the RPEYC presentation evening in May 2026.

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## Appendix 1 - Courses

Division	Course Number											Approximate Length (nm)
1	1	Start	N3	LB	SM	N3	NP	SM	WS(P)		Finish	9.3
	2	Start	N3	OB	BB	RB	SM	TB	RB	WS(P)	Finish	8.9
2	1	Start	PP	EC	SM	PP	EC	SM	WS(P)		Finish	7.6
	2	Start	PP	CBS	RB	SM	PP	CBS	RB	WS(P)	Finish	7.5

## Appendix 2 - Shortened Courses

Division	Course Number	Colour								Approximate Length (nm)
1	1	Orange	Start	N3	LB	SM	WS(P)		Finish	5.9
	2	Orange	Start	N3	OB	BB	RB	WS(P)	Finish	6.1
2	1	Blue	Start	PP	EC	SM	WS(P)		Finish	4.0
	2	Blue	Start	PP	CBS	RB	WS(P)		Finish	4.0

## APPENDIX 3 - RPEYC Harbour Marks & Buoys

**BB** - Beashel Mark - AS Buoy, southwest of Sow and Pigs

**CBS** - Chowder Bay (South) Mark - AS Buoy off southern shore of Chowder Bay (the southernmost buoy of the two AS buoys in Chowder Bay)

**EC** – Eastern Channel Mark – AS Buoy approx. 100m north of Eastern Channel Pile Light.

**LB** - Lady Bay Mark – AS Buoy off northern end of Lady Bay

**N3** - Naval Buoy No. 3 – Approximately 200m North of Clarke Island

**NP** – Neilsen Park – AS Buoy northwest of Neilsen Park beach.

**OB** – Obelisk Bay Mark – AS Buoy East of Obelisk Bay.

**PP** – Point Piper mark – AS Buoy off Point Piper

**RB** – Rose Bay Mark – AS Buoy approximately 200m off the eastern shore of Rose Bay, in front of the convent.

**SM** – Shark Island Mark - AS Buoy approximately 30 metres south of the South Cardinal mark at Shark Island, passing Shark Island to starboard

**WS** – West of Shark Mark – Red Inflatable RPEYC mark near Point Piper

### Note:

- AS buoys – Australian Sailing buoys referred to in these Sailing Instructions will be yellow cylindrical or spar shaped boys and maybe replaced with a different mark without warning.

### Emergency Contact Details:

<ul style="list-style-type: none"><li>• <b>Medical Emergency</b>     <b>000</b></li><li>• <b>Marine Rescue</b>         <b>9471 8300 &amp; VHF Ch 16</b></li><li>• <b>Water Police</b>            <b>9320 7499</b></li><li>• <b>RMS</b>                        <b>13 12 36</b></li></ul>	<ul style="list-style-type: none"><li>• <b>Medical Evacuation Locations:</b> <b>Rose Bay Wharf</b> <b>Taronga Zoo Wharf</b></li></ul>
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