

Return to COVIDSafe Sailing

2 June 2020



Information for Members and Competitors

Recreational boating is now permitted under the NSW Government Public Health Orders, however these orders may be reversed if boaters are seen to be disregarding the requirements for social distancing or clubs become a source of transmission.

SASC is pleased to be able to re-commence sailing during June, but COVID-19 is still with us and the way we sail needs to adapt. We are all obliged to work together to fight the transmission of the virus, so the club has introduced some new requirements for racing.

At Home

- Any tasks that can be done at home, should be done at home (e.g. debriefing etc)
- It is strongly recommended that all sailors download the Australian Government COVID - 19 contact tracing app (COVIDSafe) and keep it active and on them at all times
- If you have COVID-19 symptoms, the club recommends you follow the NSW Government recommendation and you get tested at a COVID-19 testing clinic. Symptoms include cough, sore/scratchy throat, shortness of breath or fever. Self-isolate until you get your results.
- If you are a person at risk of serious infection from COVID-19, or have symptoms of the Virus (even if mild), stay at home

Before Racing

To provide for possible tracing, competing skippers are now required to register all their crew names before each race. If you don't register you will be recorded as DNC – Download the NOR - <https://sasc.com.au/sailing/event-sailing-instructions-2/>

To register crew online - <http://tymob.net.au/1130>

Ashore

While we are all missing the usual social atmosphere of our club, the clubhouse remains open in a limited capacity and there will be no prizegiving get-togethers after sailing. The “new normal” for sailing at SASC and other NSW clubs is **GET IN, SAIL & GET OUT....**

- Unless you are registered to race on the day, you will be required to sign in and sign out of the club
- Arrive dressed and ready to sail
- Minimise the use of change rooms, bathrooms and communal areas
- Shower at home instead of at the club
- All persons should maintain at least 1.5m distance between each other
- Avoid congregating in any areas of the club and grounds
- Hand hygiene stations are available at several locations

Afloat

- There is a maximum of 10 persons aboard any boat
- Sailors should maintain at least 1.5m distance apart, as far as practicable
- No stacking the rail – crew should endeavour to remain at least 1.5m apart while on the rail
- No unnecessary body contact (e.g. hand shaking, high fives)
- No sharing of drink bottles, clothing, food and towels etc.
- Avoid sharing of equipment – bring your own lifejacket, gloves etc.

Covid-19 positive result

If you are aware of a positive Covid-19 person with whom you have been in contact (including your crew) you must notify the club and NSW Health Department, without delay

Remember – Everyone participates at their own risk